

Food Category Descriptors

18.1 Indian Sweets

Sweets also known as Mithais in India are the products originating from Indian heritage and culture and may be prepared using a number of ingredients namely, **sugar, jaggery, honey, milk, dry fruits, nuts, cereals and their flour or starch, pulses and their flour, fruits, vegetables, spices, edible vegetable oil, ghee** in various forms, styles or consistencies. The common names are Halwa, Mysore Pak, Boondi Ladoo, Jalebi, Khoya Burfi, Pedra, Gulab Jamun, Rasogolla and similar sweets sold by any name, etc. These products may be prepared by various processing methods including concentration, frying, coagulation by heat or acid or any other appropriate method as per the intended use of the product.

18.1.1 Milk based Sweets

Includes dairy based Indian sweets which may or may not be flavoured.

18.1.1.1 Khoa based Sweets

Includes Indian sweets prepared from milk concentrated or partially desiccated, khoa (cow or buffalo milk concentrated by boiling), sugar or Artificial sweetener, wheat flour, edible vegetable oil, ghee, spices and other ingredients. Examples include- *Rabri, Basundi, Milk cake, Pedra, plain burfee, Dhoda burfi, Singori* and other similar products sold by any other name.

18.1.1.2 Chhana based Sweets

Includes sweets prepared from heat and acid coagulated milk products (milk - heat coagulated aided by acids like citric acid, lactic acid, malic acid, etc), chhana (cow or buffalo milk, heat coagulated aided by acids like citric acid, lactic acid, malic acid, etc), sugar or Artificial sweetener, spices and other ingredients. Examples include chenna/channa based sweets sold by name of *Bengali sweets, i.e Cham cham, Raj bhog, Ras malai, Rasogolla, Rasbhari, etc.*, Chhana toast, *Khirmohan* and other similar products sold by any other name.

18.1.1.3 Fermented milk products based Sweets

Includes sweets prepared using appropriate cultures to ferment the milk at specific temperature and for specific duration along with other ingredients.

18.1.1.4 Other composite milk products based Sweets

Includes those milk based sweets which are a mix of milk and other ingredients and does not fall under any of the above defined categories. For example- *Rice Kheer, Firni, Makhana kheer, payasam*, and other similar products sold by any other name.

18.1.2 Cereal or pulses flour/starch based Sweets

Includes Indian sweets containing cereal and/or pulses flour, starch or grain as the main ingredient.

18.1.2.1 Cereal based Sweets

Cereals (including millet) or starch based sweets and starchy pudding based desserts, cereal based desserts and may contain sugar or artificial sweetener, wheat flour, edible vegetable oil, ghee, spices and other ingredients. Includes *Jalebi, Suji halwa, tapioca halwa, Modak, Malpua, Ghewar, Gur shakkar para, Pootharekulu, Ariselu/Arsa/Adhirasam), Gujiya/Kajjikaya, puran poli/bobattu, Gud papdi/Gol papdi, Balu shahi, Gavvalu, Shankarpali, ,* and other similar products sold by any other name.

18.1.2.2 Pulses based Sweets

Includes pulses (legumes and lentils) or pulses flour/starch based sweets and may contain sugar or Artificial sweetener, wheat flour, edible vegetable oil, ghee, spices and other ingredients. *Soan papdi, , moong halwa, Mysore pak, Patisa, besan laddoo, , motichoor Ladoo, chana dal burfi, Sunnundalu, , , boondi laddoo, moong dal halwa, , Gud chana* and other similar products sold by any other name.

18.1.3 Dry Fruit and nuts based Sweets

These are the products prepared from dry fruits, viz and may contain sugar, jaggery and nuts, ghee, and other ingredients. Examples include *Kaju katli, kaju barfi, Badam burfee, Badam Halwa, Pista halwa, Pista- Badam Halwa* and other similar products sold by any other name.

18.1.4 Indian confections

These are the products prepared from sugar, jaggery and may contain dry fruits, nuts like peanuts, ghee, and other ingredients. Examples include *Chikki, Gajjak, Til kut barfi, Til rewari* and other similar products sold by any other name.

18.1.5 Fruit and Vegetable based Sweets

Includes sweets made from fruits and vegetables (roots and tubers also) and may contain sugar or Artificial sweetener, wheat flour, edible vegetable oil, ghee, spices, sesame seeds and other ingredients. Examples include- *Petha (Dry, angoori, Kalam, kesar), Gajar halwa/Gajrela, Gajar pak, Gajar burfee, Lauki halwa, Coconut burfee* and other similar products sold by any other name.

18.2 Indian Snacks & Savouries Products

Indian snacks also known as Namkeens are the products originating from Indian heritage and culture and are prepared using a single or mixture of number of ingredients and may be available in various forms.

18.2.1 Cereal or pulses flour/ Starch based Snacks & Savouries

Includes all savoury snacks, with or without added flavourings prepared from cereal or pulses (legumes and lentils) and/or their flour or starch, and may contain other ingredients like potatoes, salt, sugar, edible vegetable oil, dry fruits, vegetable, peanuts, spices and condiments, nuts and seeds as per the intended use of the product.

Example includes *Bhujia, bundia, Channa Jor Garam, Papads, khari, kara, murukku, namakpara, chiwda, palakayalu, ribbon or thattupakoda, dalmoth or mixtures, soya nuts, nimki, fali (e.g. cholafali), uppuseedai, appam, bhel-mix, Sev, Sev fried Dal, Gathiya, shankarpali, farsan, Kachori, kurmura, murmura, papadi, crisps, chakli, Chiwda, Poha, Kheel etc.* Also includes *namkeen mix/mixtures like khatta- meetha, cornflake mix, navratan mixture etc.* and similar products sold by any other name.

18.2.2 Fruit and vegetable based Snacks & Savouries

Include namkeens made from fruits and/or vegetables and may contain other ingredients like salt, sugar, edible vegetable oil, dried fruits, peanuts, spices and condiments, nuts and seeds as per the specific product. Examples include- *Banana chips, Potato based aloo Bhujia, Aloo chips, cassava chips* and other similar products sold by any other name.

18.2.3 Dry fruits and nuts based Snacks & Savouries

Includes all types of snacks prepared from whole nuts, and nut mixtures, either in-shell or shelled, salted or unsalted and may contain sugar, edible vegetable oil, ghee, spices and condiments, herbs and seeds as per the specific product.

18.2.4 Ready to eat and Ready to cook products -

Include snack/savoury products not included in the above sub-categories of the category Indian namkeens (18.2). These products are mixtures of multiple components (e.g. cereal and/or pulses flour, sauce, grain, vegetables, fruits and other ingredients as per the specific product); the components are included in other food categories. These products require minimal preparation by the consumer (e.g. heating, thawing, rehydrating). It also includes mixes/premixes of such Indian products like Instant mixes such as *pongal mix, pullyogare mix, vada mix*, etc. Examples include *pav-bhaji, ready-to-eat dishes, biryani curried rice* and similar products sold by other names.

Annexure II**Table 1: Indian Sweets Products**

Cat No.	Category name	Applicable FSSR category
18.1	Indian Sweets	
18.1.1	Milk based Sweets	1.7 Dairy based dessert
18.1.1.1	Khoa based Sweets	
18.1.1.2	Chhana based Sweets	
18.1.1.3	Fermented milk products based Indian Sweets	
18.1.1.4	Other composite milk products based Indian Sweets	
18.1.2	Cereal or pulses flour/starch based Sweets	6.5 cereal based dessert
18.1.2.1	Cereal based Sweets	
18.1.2.2	Pulses based Sweets	
18.1.2.3	Starch based Sweets	
18.1.3	Dry Fruit and nuts based Sweets	15.2 Processed nuts, including coated nuts and nut mixtures
18.1.4	Indian Confections	5.2.3-Nougats 15.1 Snacks - potato, cereal, flour or starch based (from roots and tubers, pulses and legumes)
18.1.5	Fruit and Vegetable based Sweets	4.1.2.9- Fruit-based desserts, including fruit-flavoured water-based desserts 4.2.2.6- Vegetable based desserts

Annexure II

Table 2: Indian Snacks & Savouries Products

Cat No.	Category name	Applicable FSSR category
18.2 Indian Snacks & Savouries Products		
18.2.1	Cereal or pulses flour/ Starch based Snacks & Savouries	15.1 Snacks - potato, cereal, flour or starch based (from roots and tubers, pulses and legumes) 6.3 Breakfast cereals, including rolled oats 6.7 Pre-cooked or processed cereal/grain/legume product
18.2.2	Fruit and vegetable based Snacks & Savouries	15.1 Snacks - potato, cereal, flour or starch based (from roots and tubers, pulses and legumes)
18.2.3	Dry fruits and nuts based Snacks & Savouries	15.2 Processed nuts, including coated nuts and nut mixtures
18.2.4	Ready to eat and Ready to cook products	16- Prepared foods 6.6. Batter (Instant mixes such as <i>pongal mix, pullyogare mix, vada mix, etc</i>)